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Our heart centered non-judgmental approach creates a comfortable safe environment for each person to begin the journey to transform their life situation.

Free Offer

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REIKI & QUANTUM-TOUCH TUESDAYS



Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by "laying on hands" and is based on the idea that an unseen "life force energy" flows through us and is what causes us to be alive. If one's "life force energy" is low, then we are more likely to get sick or feel stress, and if it is high, we are more capable of being happy and healthy. "Divine Source, the Higher Power" and Ki which is "life force energy". So Reiki is actually "spiritually guided life force energy."



The Quantum-Touch practitioner learns to focus and amplify life-force energy, which is most often referred to as "Chi" or "Prana". This is accomplished by melding various breathing and body awareness exercises. When the practitioner holds a high vibrational field of life-force energy around an affected area, through a process of resonance and entrainment, the client naturally matches the vibration of the practitioner, allowing one's own biological intelligence to do whatever healing it deems necessary.

If you have never tried Reiki or Quantum-Touch... now would be the time to see how this amazing vibrational healing energy will work for you.

Michael is a Senior Instructor (3rd degree Black Belt) proficient in Tang-Soo-Do (Korean Style) Martial Arts. He is also trained as a Quantum-Touch Healing® and Reiki II Practitioner. By keeping a clear mind, he is able to focus on quickly raising the energy vibration level, and running life-force energy on those who wish to begin the healing process. Currently, Michael is working on his certification as a Reiki Master. Therefore, he is offering **FREE Reiki & Quantum-Touch Energy Sessions**.

These sessions are held on Tuesdays and by appointment only.

CALL TODAY 248-546-9402