



ROSEMARY A. JOZWIAK, PC

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*Our heart centered non-judgmental approach creates a comfortable safe environment for each person to begin the journey to transform their life situation.*

**Starting  
Feb. 8th**

# MOTIVATIONAL MONDAYS

**“Utilize Successful Strategies For Change”**

**8 WEEK SESSIONS**

*Are you ready to make change happen?*

*Is 2010 the year that you make those resolutions a reality?*

Then you will want to register for MOTIVATIONAL MONDAYS. This group will be give you the opportunity to incorporate mind, body and spirit techniques that will facilitate successful change. These strategies can be applied to a wide variety of situations with proven success. **Motivational Mondays** is an action oriented class where you will have not only create a plan for how to accomplish your goals but also will learn and practice practical strategies which you can implement immediately.



**Space is Limited**

\$25.00 per session  
Pay \$150 and receive 2 Free Sessions

**For more information,  
call Rosemary at 248-546-9402**

MasterCard and Visa Accepted

